
HERB & FOOD FAIR 2012

JUNE 2ND
"RESTORATION OF BODY AND PLANET"

KEYNOTE SPEAKERS IN THE AUDITORIUM

11 - 11:50 a.m.	Dr. Jean Layton - Eliminate the Negatives: Clean out your world and thrive
12 – 1:30 p.m.	Heidi Bohan - Sacred Seeds Project: Ethnobotany and Opening Ceremony
1: 30 p.m.	Sacred Seeds Ribbon Cutting Ceremony
2 – 3 p.m.	Paul Stamets - Solutions from the Underground: How Mushrooms Can Help Save the World

ON THE MAIN STAGE

10 to 10:20 a.m.:	Copper Clock: Belly Dancing
10:30 – 11:30 a.m.:	Groove Messengers
11:45 a.m. – 1 p.m.:	Winterlings
1:15 - 2:30 p.m.:	Mark, Yousef & John
2:30 – 3 p.m.:	Bastyr University Hula Club
3 - 4:30 p.m.:	Small Time String Band

WORKSHOPS IN THE GAZEBO

10 a.m.	Jess Tompson - Juggling Health and Wellness When You Cook for a Living
11 a.m.	Crystal Steltzer - Herbal Tonics: Learn How to Make Nourishing Standard Brews & Herbal Infused Vinegars
12 p.m.	Michael Byrne - Plant Spirit Teachers
1 p.m.	Diana Pepper - Restoring Balance & Harmony to Body & Earth with Flower Essences

- 3 p.m. Sajah Popham. - Evolutionary Herbalism
- 4 p.m. Jenn Dazey - Planet Purification: Practical Applications for Plants, Microbes, and Minerals

WORKSHOPS IN ROOM 55

- 11 a.m. Kaleb Lund - Green Gods: The Phytochemistry of Entheogens and Mind-Altering Botanicals
- 12 p.m. Joshua McNichols - How to Ditch the Grocery Store and Build a Real Food Community
- 1 p.m. William Siff - Farm to Pharmacy: A grassroots healthcare revolution
- 2 p.m. Julie O'Brien & Richard Climenhage - Love Your Gut: Nourishment through Fermentation
- 3 p.m. Peggy Schafer - The Chinese Medicinal Herb Farm

COOKING DEMOS IN THE NUTRITION KITCHEN

- 10 - 10:45 p.m. Riana Giusti - Sensational Seaweed
- 12 - 12:45 p.m. Kären Jurgenson - Grilled Appetizers with Quilliscut Goat Cheese
- 1 - 1:45 p.m. Iris Higgins - Easy Gluten-Free Baking with Almond Flour
- 2 - 2:45 p.m. Andrea Lopriore - Kale Five Ways
- 3 - 3:45 p.m. Carol Freeman & Marianne Rees - Top Chef Bastyr Encore! Chicken and Quinoa

PLANT WALKS IN THE BASTYR GARDEN & FOREST

- 10 a.m. Shelagh Brown - Plants for Urban Restoration
- 11 a.m. Eric McKinney - Western Wisdom Remedies
- 1 p.m. Stephen Phipps - Energetic Restoration through Herbs
- 3 p.m. Brian Keenan - Fabaceae: Fixing the Planet with Nitrogen
- 4 p.m. Eric Yarnell - Restoring the Planet: Reconnecting with Native Plants

Room 40 & 16: Bastyr Acupuncture Program - Treatments

Room 25: Sports Medicine Club - Treatments