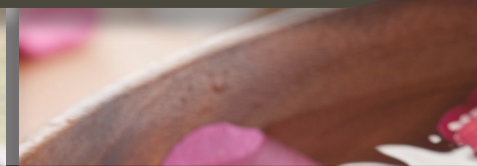
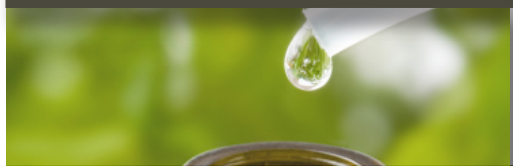


Aromatherapy & Essential Oils

Certificate Program - 2013 - 2014



Explore the World of Essential Oils

Whether you want to immediately pursue the certificate program, or just explore the world of essential oils, there's an easy solution! Just take the first course, **Aromatherapy & Essential Oils - Foundations**, which offers a broad overview as well as a solid groundwork to competently and safely begin using essential oils. It is also the prerequisite for the other courses should you decide to continue your studies, complete the program, and ultimately earn a Certificate of Competency. No prior related education is required – all the necessary skills and training will be covered in the program to become a proficient and confident aromatherapist.

This is a comprehensive program of eight in-depth courses designed for a diverse group of participants:

- Health care professionals who wish to incorporate aromatherapy into their current practice: massage therapists, estheticians, spa therapists, nurses, doctors, and other wellness professionals
- Individuals who wish to explore a new career as an aromatherapist, or have a motivated interest in learning the healthful uses of essential oils for self-care and for their family

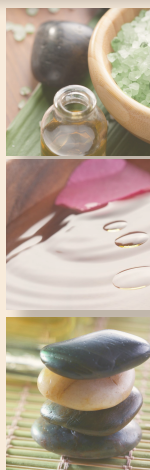
You are invited to contact the instructor, Jimm Harrison, if you have any questions about the curriculum, or want to learn more about how this program will support your career goals. Info@jimmharrison.com

PROGRAM INFO SESSIONS – Free

Learn more about this and our other non-credit weekend programs at one of our free Information Sessions: 7/24, 9/10, 1/8 or 4/9. Meet the instructors. Attend two free mini-workshops. Pre-registration required: www.Bastyr.edu/Continuing-Education

Program Courses (see a brief description of each course on reverse side)

Each 20-hour course is held on a single weekend: Fri, 4-8 p.m. and Sat & Sun, 9:30 a.m. - 5:30 p.m.



	Fall '13	Winter '14	Spring '14
FOUNDATIONS (3 date options)			
	Oct. 4-6	Jan. 10-12	April 11-13
CHEMISTRY & BIOLOGY (3 date options)			
	Nov. 8-10	Jan. 31 & Feb. 1-2	May 9-11
THERAPEUTIC PROPERTIES			
	Dec. 6-8		
BLENDING & APPLICATION			
		Feb. 28 & March 1-2	
OLFACTORY SYSTEM			
		March 28-30	
SKIN CARE & SPA			
			June 6-8
CONSULTATION			
			June 27-29

CANCELLATION, TRANSFER & REFUND POLICY

Please submit your request in writing (email or fax). Unless otherwise specified in the individual course descriptions, cancellations or transfers made up to 14 calendar days before the first day of the course will result in a full refund, less a \$35 processing fee or 20% of tuition, whichever is less. No refunds are granted for cancellations made with less than the 14-day notice. Returned checks will be assessed a \$28 fee. Students registered for the full course will not be refunded for any missed sessions and may not receive certificates of completion for partial completion of a seminar. Bastyr University reserves the right to cancel courses with insufficient enrollment, in which case a full refund will be granted to those registered.

Fees - per 20-hr class

There are a total of eight courses, and you "pay as you go" by registering for each separately. Additional cost: one-time purchase of the required text (approx. \$67). Those who take courses beyond the Foundations course will also need to purchase an essential oils kit (approx. \$150). All other supplies will be provided for the use of formulating appropriate essential oil remedies that coincide with the content of each course.

Register by the "early bird" registration date and receive a discount. The early bird deadline is typically two weeks prior to class start (see our website for specific dates).

	Early Bird	Regular
Professional & General Public:	\$395	\$475
Bastyr Alumni:	\$355	\$425
Full-time Student:		\$285
Retake:		\$145

To earn a Certificate of Competency, you need to take all eight courses, a total investment of \$3,380 (at the prof/public "early bird" rate).

JIMM HARRISON

Jimm Harrison, cosmetologist and certified aromatherapist, founded the Phytotherapy Institute in 1995 to advance education in essential oil and plant therapy. He was the first cosmetologist invited by Harvard University and MIT to discuss the impact of essential oils in skin care. Harrison has been conducting certification programs and lectures in essential oil therapy for accredited massage, spa therapy, cosmetology and medical esthetic institutions across the country since 1993, including the Dana-Farber Cancer Institute, Harvard Medical School, and Massachusetts College of Pharmacy. He is the author of *Aromatherapy: Therapeutic Use of Essential Oils for Esthetics*, and has developed natural/organic skin care products for the professional and retail markets. To read more about this presenter, please visit his website at www.jimmharrison.com.



Edited 5/22/2013

BASTYR
UNIVERSITY

REGISTRATION: Visit www.Bastyr.edu/Continuing-Education
call (425) 602-3152, or at our campus office **Room 441**.

Aromatherapy & Essential Oil Certificate Program

Course Descriptions



Aromatherapy & Essential Oils - Foundations (20 hrs: 17 CEUs/PDAs)

Prerequisite: None

This comprehensive seminar provides the fundamental knowledge necessary for competent and efficacious use of essential oils and aromatherapy. Moving beyond a simple definition of individual oils, you will gain an understanding of the chemical composition, holistic properties and contraindications of essential oils, as well as the impact on body systems and olfaction. We will also explore their holistic and therapeutic function in cosmetic ingredients and beauty treatments, quality control issues, and best practices in developing formulations for professional and personal use.



Aromatherapy & Essential Oils - Chemistry & Biology (20 hrs: 17 CEUs/PDAs)

Prerequisite: Foundations

This advanced aromatherapy seminar provides an intensive and comprehensive study of essential oil molecular composition and structure. The sciences are used in identifying properties, therapeutic evidence, application, and the quality of essential oils. This seminar will further demonstrate how to effectively use the Structure-Effect Diagram in the selection and application of essential oils for specific therapeutic application.



Aromatherapy & Essential Oils - Therapeutic Properties (20 hrs: 17 CEUs/PDAs)

Prerequisite: Foundations, and Chemistry & Biology

Explore the varied and multi-dimensional therapeutic effects of essential oils. Essential oils are secondary metabolites developed within plants through an evolutionary process to protect and heal the plant from damage, predators and micro-organisms. Through an in-depth analysis of antimicrobial, anti-inflammatory, immune modulating, sedative, cell regenerative and other categories of healing properties, you will explore the full potential of medicinal essential oil use (including safety and precautions) for the physical and emotional health.



Aromatherapy & Essential Oils – Blending & Application Methods (20 hrs: 17 CEUs/PDAs)

Prerequisite: Foundations, and Chemistry & Biology

Fine tune your skills in the creative art and science of blending essential oils, and enhance your therapeutic results with their accurate application. This seminar will dive deep into the versatility and diversity of blending and application of essential oils in aromatherapy. You will also explore how to make the most of the “aroma” in therapy through an in-depth study of fragrance blending and aromatic “notes.” Discover how to use synergies to expand the therapeutic function of essential oils that reach far beyond a one-dimensional process to achieve multi-dimensional healing and wellness.



Aromatherapy & Essential Oils - Olfactory System & Emotional Effects (20 hrs: 17 CEUs/PDAs)

Prerequisite: Foundations, and Chemistry & Biology

Explore the many effects essential oils have on health and well-being through inhalation and interaction with the olfactory and limbic systems. Olfaction is a fascinating and mysterious sense with powerful influence on human emotion and the nervous system (central and autonomic). A review of olfactory anatomy and physiology, along with the latest information regarding the sense of smell, will be used to explain the complex, anticipated and unanticipated physical and emotional effects of essential oils and fragrance. This seminar will also include placebo, energetic and sub-atomic principles on health and well-being.



Aromatherapy & Essential Oils - Skin Care & Spa Application (20 hrs: 17 CEUs/PDAs)

Prerequisite: Foundations, and Chemistry & Biology

Essential oils provide a full spectrum of healthy aging effects, skin healing properties, and skin conditioning and maintenance. This seminar will provide you with the skills to use aromatherapy for personal care and in the spa setting. The “beauty inside and out” system will be introduced to help you establish a holistic and integrative approach to health and beauty.



Aromatherapy & Essential Oils - Aromatherapy Consultation (20 hrs: 17 CEUs/PDAs)

Prerequisite: All six prior courses

Each person is an accumulation of lifestyle, dietary, emotional and social influences. Gaining a better understanding of how these impact an individual's well being will help you to determine the best possible course of aromatherapy treatment. This seminar will introduce a complete method of consultation and profiling that will assist you in developing more accurate results-driven formulations and treatments.



Aromatherapy & Essential Oils – Certificate Preparation (25 hrs)

Prerequisite: All seven prior courses

This final course in the Essential Oil & Aromatherapy Certificate Program will draw upon the combined knowledge acquired in the previous seven courses. A Certificate of Competency will be issued upon successful completion of all the following requirements:

- satisfactorily perform and document two case studies focused on physical conditions, ailments or general health and balance
- satisfactorily perform and document two case studies with focus on emotional balance and well being
- satisfactorily perform and document one case study with focus on skin and spa treatments
- pass the final exam with a score of 80% or higher