

The Master's in Ayurveda Sciences prepares the graduate to complement his/her health care professional skills with ayurvedic healing system modalities for physical, mental, emotional, spiritual and social health. It would allow graduates to use the ayurvedic healing framework when considering disease and its management. It would also allow the graduate to utilize ayurvedic tools for preventive medicine in terms of lifestyle, nutrition and body work.

**MSAS YEAR 1**

Qtr.	Cat. No.	Course Title	Crdt.	Lec.	L/C	Tot.
F	AY5105	Medical Sanskrit 1	2	2	0	22
	AY5101	Fundamentals and Philosophy of Ayurveda	2	2	0	22
	AY5301	Ayurvedic Psychology	2	2	0	22
	AY5401	Yoga Therapy, Theory & Practice 1	2	1	2	33
	AY5110	Ayurvedic Body Systems 1	2	2	0	22
		<b>Quarterly Total</b>	<b>10</b>	<b>9</b>	<b>2</b>	<b>121</b>
W	AY5106	Medical Sanskrit 2	2	2	0	22
	AY5402	Yoga Therapy, Theory & Practice 2	2	1	2	33
	AY5111	Ayurvedic Body Systems 2	2	2	0	22
	AY5201	Ayurvedic Assessment	2	2	0	22
	AY5405	Ayurvedic Herbology	2	2	0	22
		<b>Quarterly Totals</b>	<b>10</b>	<b>9</b>	<b>2</b>	<b>121</b>
S	AY5112	Ayurvedic Pathology 1	2	2	0	22
	AY5107	Medical Sanskrit 3	2	2	0	22
	AY5407	Preventive Ayurveda 1	2	2	0	22
	AY5202	Ayurvedic Examination	2	2	0	22
	AY5406	Ayurvedic Herbal Therapies	2	1	2	33
	AY5801	Ayurvedic Observation 1	1	0	2	22
		<b>Quarterly Totals</b>	<b>11</b>	<b>9</b>	<b>4</b>	<b>143</b>
SU	AY5203	Ayurvedic Assessment Lab 1	1	0	2	22
	AY5410	Ayurvedic Diet and Lifestyle Therapies	3	3	0	33
	AY5408	Panchakarma	1	0	2	22
	AY5802	Ayurvedic Observation 2	1	0	2	22
		<b>Quarterly Totals</b>	<b>6</b>	<b>3</b>	<b>6</b>	<b>99</b>

**YEAR 2**

Qtr.	Cat. No.	Course Title	Crdt.	Lec.	L/C	Tot.
F	AY6100	Ayurvedic Pathology 2	2	2	0	22
	AY6401	Ayurvedic Therapeutics Lab 1	1	0	2	22
	AY6201	Ayurvedic Assessment Lab 2	1	0	2	22
	AY6102	Preventive Ayurveda 2	2	2	0	22
	AY6403	Ayurvedic Nutrition Lab	1	0	2	22
	AY6801-AY6803	Ayurvedic Clinic 1-3	6	0	12	132
		<b>Quarterly Totals</b>	<b>13</b>	<b>4</b>	<b>18</b>	<b>242</b>
W	AY6402	Ayurvedic Therapeutics Lab 2	1	0	2	22
	AY6101	Ayurvedic Pathology 3	2	2	0	22
	AY6804-AY6805	Ayurvedic Clinic 4-5	4	0	8	88
	AY6810	India Internship	3	2	4	66
		<b>Quarterly Totals</b>	<b>10</b>	<b>4</b>	<b>14</b>	<b>198</b>
S	AY6105	Jurisprudence and Ethics	1	1	0	11
	AY6106	Business Management	2	2	0	22
	AY6405	Rejuvenative Therapies	2	2	0	22
	AY6806-AY6808	Ayurvedic Clinic 6-8	6	0	12	132
		<b>Quarterly Totals</b>	<b>11</b>	<b>5</b>	<b>12</b>	<b>187</b>

<b>Electives</b>	<b>4</b>	<b>4</b>	<b>0</b>	<b>44</b>
<b>Totals</b>	<b>75</b>	<b>47</b>	<b>58</b>	<b>1155</b>

**Electives**

Electives could include courses in nutrition, psychology and botanicals as well as additional ayurvedic courses in subjects such as Vedic astrology and Vedic Vastu or additional yoga therapy coursework.

**Notes**

- Applied Therapeutic hours = 500+ including the India Internship
- Nine (9) months of supervised clinical consultation and therapeutic experience are required for the program.
- Patient contact hours = 50-75 minimum but could be as high as 100-150 depending on clinic patient flow.
- Additional training could allow students to pursue yoga educator credentials, massage licensure or a master's degree in nutrition for Certified Nutritionist status.