

VISITOR CLASS SCHEDULE WINTER 2016



BASTYR UNIVERSITY

Welcome to Bastyr! Before visiting a class, please pick up a "Visitor" badge from the admissions office, room 259. This will identify you to the instructor and the students as a guest and give them the opportunity to welcome you and/or offer assistance. All classes on this schedule have been approved for visitors and you are welcome to sit in on any of them. Feel free to observe, but unless asked to participate, please leave classroom discussion to the students and the instructors. Enter the class only at the beginning, or during a break, which may vary from instructor to instructor and usually begins 50 minutes after the start of class. If you need to leave early, please sit near a door so you can do so without disturbing the class. Please note that a class can sometimes be canceled, out on a field trip, taking an exam, or involved in a discussion or demonstration, which requires privacy.

In the interest of recycling, please return the the badge to the Admissions Front Office when your visit is over.

Days of the week key:

M = Monday
T = Tuesday
W = Wednesday
R = Thursday
F = Friday

Course Key:

AV = Ayurvedic Medicine
BC = Basic Science
BO = Botanical Medicine
CH = Chinese Medicine
DI = Dietetic Internship
EX = Exercise Science
HO = Homeopathy

IS = Interdisciplinary Studies
NM = Naturopathic Medicine
OM = Oriental Medicine
PH = Public Health

PM = Physical Medicine
PS = Counseling and Health Psychology
RD = Didactic Program in Dietetics
TR = Nutrition (BS or MS)

MONDAY

Days	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
M	BC	3144	Integrated Biochemistry and Cell Biology		R Achterman	132	8:00 AM	10:20 AM
M	NM	6311	Naturopathic Clinical Diagnosis 2		Multiple	63	8:00 AM	10:00 AM
M	NM	6321	Clinical Diagnosis Lab 2		Susan Mueller	78	8:00 AM	9:50 AM
M	TR	3142	Therapeutic Cooking: Illness and Recovery	Standing room only near door	Patrice Savery	8	8:00 AM	11:50 AM
M	TR	4207	Nutritional Counseling		Diane Helsel	220	8:00 AM	9:50 AM
M	TR	5124	Adv Nutrition: Micronutrients		Elizabeth Kirk	284	8:00 AM	9:50 AM
M	NM	7323	Cardiovascular System		Multiple	55	8:30 AM	11:50 AM
M	BC	5142	Fundamentals of Research Design		Donald Messner	220	10:00 AM	11:50 AM
M	RD	4302	Med Nutr Therapy 2: Chronic Disease Mgmt		Amy Frasier	284	10:00 AM	11:50 AM
M	TR	3111	Nutrition Throughout Life		Harris/Helsel	184	10:00 AM	11:50 AM
M	TR	5124	Adv Nutrition: Micronutrients		Elizabeth Kirk	186	10:00 AM	11:50 AM
M	NM	6311	Naturopathic Clinical Diagnosis 2		Multiple	63	10:30 AM	11:50 AM
M	BC	5152	Integrated Cardiovascular and Immune Systems		Multiple	176	1:00 PM	2:50 PM
M	BC	5153	Integrated Respiratory System		Multiple	176	1:00 PM	2:50 PM
M	BC	5154	Integrated Digestive System		Multiple	176	1:00 PM	2:50 PM
M	BC	6108	Pathology, Immunology and Infectious Diseases 2		Wenner/Achterman	146	1:00 PM	2:50 PM
M	IS	9517	Physiology of Stress		Multiple	284	1:00 PM	2:50 PM
M	NM	7337	Digestive System		Multiple	55	1:00 PM	3:20 PM
M	PS	4149	Psychology and World Religions		Charles E. Smith	186	1:00 PM	4:20 PM
M	TR	3111	Nutrition Throughout Life		Harris/Helsel	184	1:00 PM	2:50 PM
M	TR	6122	Contemporary Nutrition: Community and Culture		June Kloubec	220	1:00 PM	2:50 PM
M	BC	6108	Pathology, Immunology and Infectious Diseases 2		Wenner/Achterman	146	3:00 PM	4:50 PM

M	NM	5142	Naturopathic Theory and Practice 2	Meets weeks 2, 4, 6, 8, 10	Greg Yasuda	176	3:00 PM	4:20 PM
M	TR	3121	Culinary Skills 1: Soups and Seasonings with Intuition	Standing room only near door	Patrice Savery	8	3:00 PM	6:50 PM
M	TR	6122	Contemporary Nutrition: Community and Culture		June Kloubec	220	3:00 PM	4:50 PM
M	TR	9120	Writing about Food & Health		Cynthia Lair	132	3:00 PM	4:50 PM
M	BC	3135	Anatomy & Physiology 1		Terri Stilson	55	3:30 PM	5:50 PM
M	NM	7334	Clinical Pharmacology 3		Jennifer Bennett	184	3:30 PM	4:20 PM
M	BC	5146	Physiology Lab 1		Anna K Davis	133	4:30 PM	7:20 PM
M	HO	7301	Homeopathy 5	Meets weeks 1 - 8 only	Nancy Mercer	184	4:30 PM	5:50 PM
M	TR	6312	Nutr Principles: Assessment, Education & Macronutrien		Kirk / Purdy	186	5:00 PM	7:20 PM

TUESDAY

Days	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
T	BC	3162	Anatomy and Physiology 2 Lecture/Lab		Steven Rude	146	8:00 AM	9:50 AM
T	BC	4161	Advanced Cell and Molecular Biology		R Achterman	55	8:00 AM	9:50 AM
T	NM	6311	Naturopathic Clinical Diagnosis 2		Multiple	63	8:00 AM	10:00 AM
T	PS	3126	Psychology of Personality		Caitlin G Dzikon	277	8:00 AM	9:50 AM
T	PS	5121	Therapeutic Alliance 2		Daniel Rosen	133	8:00 AM	8:50 AM
T	TR	4100	Intro to Research Methods		Michelle Thall	286	8:00 AM	9:50 AM
T	TR	5124	Adv Nutrition: Micronutrients		Elizabeth Kirk	284	8:00 AM	9:50 AM
T	TR	6100	Nutritional Supplementation		Kelly Morrow	186	8:00 AM	9:50 AM
T	BC	4115	Pharmacology Overview for Herbal Sciences			184	8:30 AM	9:50 AM
T	NM	7323	Cardiovascular System		Multiple	220	8:30 AM	11:50 AM
T	PM	5314	Physical Medicine 1		Andrew Simon	176	9:00 AM	9:50 AM
T	BC	3100	Survey of Organic Chemistry		Lev Elson-Schwab	277	10:00 AM	11:50 AM
T	BC	3149	Research Methods in Human Biology 2		Cynthia Wenner	280	10:00 AM	11:20 AM
T	BC	4117	Biochemistry for Life Sciences 1 Lecture/Lab		Kent Littleton	184	10:00 AM	11:50 AM
T	BC	4153	Integrated Human Biology 3		Messner/Golden	276	10:00 AM	11:50 AM
T	BC	5104	Biochemistry 1		Kent Littleton	286	10:00 AM	11:50 AM
T	BC	5132	Disease Processes 2		Terri Stilson	284	10:00 AM	11:50 AM
T	CH	6423	Chinese Materia Medica 3			133	10:00 AM	11:50 AM
T	NM	6316	Physical Exam Diagnosis Lab 2		Mark Lamden	132	10:00 AM	10:50 AM
T	NM	7338	Environmental Medicine	Weeks 1, 2, 3, 4, 5, 6, 8, 9 and 10 only	John Hibbs	55	10:00 AM	11:50 AM
T	PS	5115	Fund of Counseling: Systems, Families, Couples		Thomas Farmer	176	10:00 AM	11:50 AM
T	RD	6135	Food Service Mgmt 2		Amy Frasier	146	10:00 AM	11:50 AM
T	TR	4205	Nutrition Analysis and Assessment		Alexandra Kazaks	186	10:00 AM	11:50 AM
T	NM	6311	Naturopathic Clinical Diagnosis 2		Smith/Dickson	63	10:30 AM	11:50 AM
T	BC	3135	Anatomy & Physiology 1		Terri Stilson	55	1:00 PM	2:50 PM
T	BC	4117	Biochemistry for Life Sciences 1 Lecture/Lab		Kent Littleton	184	1:00 PM	2:50 PM
T	BC	5152	Integrated Cardiovascular and Immune Systems		Multiple	176	1:00 PM	2:50 PM
T	BC	5153	Integrated Respiratory System		Multiple	176	1:00 PM	2:50 PM
T	BC	5154	Integrated Digestive System		Multiple	176	1:00 PM	2:50 PM
T	BC	9134	Biology of Receptors		Donald Messner	133	1:00 PM	2:20 PM
T	BO	3115	Herbal Medicine History & Traditions		Sheila Kingsbury	280	1:00 PM	2:50 PM
T	NM	7337	Digestive System		Multiple	63	1:00 PM	3:20 PM
T	PS	5115	Fund of Counseling: Systems, Families, Couples		Thomas Farmer	277	1:00 PM	2:50 PM
T	TR	4108	Advanced Nutrition Principles 2		Elizabeth Kirk	186	1:00 PM	2:50 PM
T	TR	5101	Whole Foods Production		Patrice Savery	284	1:00 PM	2:20 PM
T	TR	5320	Nutrition Assessment & Therapy 1		Cynthia Bartok	220	1:00 PM	2:50 PM
T	TR	9109	Sports Nutrition for Nutritionists		Cristen L. Harris	146	1:00 PM	2:20 PM
T	TR	5101L	Whole Foods Production Lab	Standing room only near door	Patrice Savery	8	2:30 PM	5:20 PM
T	BO	4102	Research Methods for Herbal Science			280	3:00 PM	4:50 PM
T	EX	4105	Business Principles in Health Promotion		Michelle Thall	132	3:00 PM	4:50 PM
T	TR	5207	Nutritional Counseling		Diane Helsel	284	3:00 PM	4:50 PM
T	PS	4149	Psychology and World Religions		Charles E Smith	220	3:30 PM	5:20 PM

WEDNESDAY

Days	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
W	BC	5132	Disease Processes 2		Terri Stilson	284	8:00 AM	9:50 AM
W	NM	7324	Respiratory System		Multiple	186	8:00 AM	9:50 AM
W	OM	5322	Survey of Western Clinical Sci 2		Safiya McCarter	63	8:00 AM	9:50 AM
W	OM	5442	Tai Chi		P Ngamsiripol	25	8:00 AM	9:50 AM

W	PS	6105	Diversity/Multicul Iss in Hlth Psy		Daniel Rosen	133	8:00 AM	10:50 AM
W	SN	6303	Integrated Therapeutics 2		Multiple	146	8:00 AM	10:50 AM
W	TR	4100	Intro to Research Methods		Michelle Thall	132	8:00 AM	9:50 AM
W	TR	9402	Therapeutic Cooking: Illness & Recovery	Standing room only near door	Patrice Savery	8	8:00 AM	11:20 AM
W	TR	3111	Nutrition Throughout Life		Harris/Helsel	184	8:30 AM	9:50 AM
W	PS	4112	Creating Wellness		Caitlin G Dzikon	220	9:00 AM	11:50 AM
W	BC	3100	Survey of Organic Chemistry		Lev Elson-Schwab	277	10:00 AM	11:50 AM
W	BC	5152	Integrated Cardiovascular and Immune Systems	Class runs 1/4/16-1/28/16.	Multiple	176	10:00 AM	11:50 AM
W	BC	5153	Integrated Respiratory System	Class runs 2/1/16-2/18/16.	Multiple	176	10:00 AM	11:50 AM
W	BC	5154	Integrated Digestive System	Class runs 2/22/16-3/18/16.	Multiple	176	10:00 AM	11:50 AM
W	BO	7307	Botanical Medicine Formulation Lab 3		Debra Brammer	55	10:00 AM	10:50 AM
W	RD	4302	Med Nutr Therapy 2: Chronic Disease Mgmt		Amy Frasier	280	10:00 AM	11:50 AM
W	SN	7301	Advanced Case Studies 2		Altman/Sizemore	284	10:00 AM	10:50 AM
W	TR	4100	Intro to Research Methods		Michelle Thall	132	10:00 AM	11:50 AM
W	TR	5124	Adv Nutrition: Micronutrients		Elizabeth Kirk	186	10:00 AM	11:50 AM
W	PS	6202	Psychological Assessment		Daniel Rosen	184	11:00 AM	12:20 PM
W	SN	7301	Advanced Case Studies 2		Altman/Sizemore	284	11:00 AM	11:50 AM
W	BC	4135	Biophysics 3		Max Sizemore	276	1:00 PM	1:50 PM
W	BC	5152	Integrated Cardiovascular and Immune Systems	Class runs 1/4/16-1/28/16.	Multiple	176	1:00 PM	2:50 PM
W	BC	5153	Integrated Respiratory System	Class runs 2/1/16-2/18/16.	Multiple	176	1:00 PM	2:50 PM
W	BC	5154	Integrated Digestive System	Class runs 2/22/16-3/18/16.	Multiple	176	1:00 PM	2:50 PM
W	BC	6108	Pathology, Immunology and Infectious Diseases 2		Wenner/Achterman	146	1:00 PM	3:50 PM
W	OM	5442	Tai Chi		P Ngamsiripol	25	1:00 PM	2:50 PM
W	RD	4130	Quantity Food Production		Patrice Savery	280	1:00 PM	2:20 PM
W	SN	7301	Advanced Case Studies 2		Altman/Sizemore	284	1:00 PM	1:50 PM
W	TR	5132	Applied Statistical Analysis		Masa Sasagawa	277	1:00 PM	1:50 PM
W	TR	5320	Nutrition Assessment & Therapy 1		Cynthia Bartok	186	1:00 PM	2:50 PM
W	TR	6100	Nutritional Supplementation		Kelly Morrow	184	1:00 PM	2:50 PM
W	SN	7301	Advanced Case Studies 2		Altman/Sizemore	284	2:00 PM	2:50 PM
W	NM	7338	Environmental Medicine	Wks 1, 2, 3, 4, 5, 6, 8, 9 and 10 only.	John Hibbs	55	3:00 PM	4:50 PM
W	OM	5416	Acupuncture Therapeutics 3		Benjamin Apichai	284	3:00 PM	4:50 PM
W	OM	5442	Tai Chi		P Ngamsiripol	25	3:00 PM	4:50 PM
W	TR	3115	Intro to Food Science		Diane Helsel	184	3:00 PM	4:50 PM
W	HO	7301	Homeopathy 5	Weeks 1 - 8 only	Nancy Mercer	184	5:00 PM	6:20 PM
W	PH	5101	Health Education: Program Planning & Implementation		Barbara Goldoftas	186	5:00 PM	6:50 PM

THURSDAY

Days	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
R	BC	3144	Integrated Biochemistry and Cell Biology		R Achterman	132	8:00 AM	9:50 AM
R	BC	4153	Integrated Human Biology 3		Golden/Stilson	276	8:00 AM	9:50 AM
R	PS	3126	Psychology of Personality		Caitlin G Dzikon	277	8:00 AM	9:50 AM
R	SN	6303	Integrated Therapeutics 2		Multiple	146	8:00 AM	10:50 AM
R	TR	5124	Adv Nutrition: Micronutrients		Elizabeth Kirk	284	8:00 AM	9:20 AM
R	TR	6100	Nutritional Supplementation		Kelly Morrow	184	8:00 AM	9:50 AM
R	BC	4115	Pharmacology Overview for Herbal Sciences			186	8:30 AM	9:50 AM
R	TR	3111	Nutrition Throughout Life		Harris/Helsel	286	8:30 AM	9:50 AM
R	BC	5146	Physiology Lab 1		Anna K Davis	133	9:00 AM	11:50 AM
R	OM	4221	TCM Pathology 1			220	9:00 AM	11:50 AM
R	PS	5113	Theories of Counseling and Psychotherapy		Diedra L Clay	280	9:00 AM	11:50 AM
R	TR	9109	Sports Nutrition for Nutritionists		Cristen L. Harris	186	10:00 AM	11:20 AM
R	BC	4117	Biochemistry for Life Sciences 1 Lecture/Lab		Kent Littleton	184	10:00 AM	11:50 AM
R	BC	4161	Advanced Cell and Molecular Biology		R Achterman	55	10:00 AM	11:50 AM
R	BC	5104	Biochemistry 1		Kent Littleton	286	10:00 AM	11:50 AM
R	BC	5142	Fundamentals of Research Design		Cynthia Wenner	132	10:00 AM	11:50 AM
R	NM	7324	Respiratory System		Multiple	284	10:00 AM	11:50 AM
R	PS	3124	Health Psychology 2		Naomi Lester	277	10:00 AM	11:50 AM
R	RD	4302	Med Nutr Therapy 2: Chronic Disease Mgmt		Amy Frasier	176	10:00 AM	11:50 AM
R	TR	5207	Nutritional Counseling		Diane Helsel	63	10:00 AM	11:50 AM
R	PS	6202	Psychological Assessment		Daniel Rosen	146	11:00 AM	12:20 PM
R	BC	4117	Biochemistry for Life Sciences 1 Lecture/Lab		Kent Littleton	184	1:00 PM	2:50 PM
R	BC	5152	Integrated Cardiovascular and Immune Systems		Multiple	176	1:00 PM	3:20 PM

R	BC	5153	Integrated Respiratory System		Multiple	176	1:00 PM	3:20 PM
R	BC	5154	Integrated Digestive System		Multiple	176	1:00 PM	3:20 PM
R	RD	4130	Quantity Food Production		Patrice Savery	280	1:00 PM	2:20 PM
R	RD	6135	Food Service Mgmt 2		Amy Frasier	146	1:00 PM	2:50 PM
R	TR	5124	Adv Nutrition: Micronutrients		Elizabeth Kirk	286	1:00 PM	2:20 PM
R	TR	5320	Nutrition Assessment & Therapy 1		Cynthia Bartok	220	1:00 PM	2:50 PM
R	TR	6100	Nutritional Supplementation		Kelly Morrow	186	1:00 PM	2:50 PM
R	PS	7115	Developing & Evaluating Counseling Programs		Thomas Farmer	277	2:00 PM	4:50 PM
R	BC	6108	Pathology, Immunology & Infectious Diseases 2		Wenner/Achterman	146	3:00 PM	5:50 PM
R	TR	3115	Intro to Food Science		Diane Helsel	184	3:00 PM	4:50 PM
R	IS	9518	Mindfulness Based Stress Reduction		Dzikon/Rude	284	5:00 PM	7:50 PM
R	TR	6312	Nutr Principles: Assessment, Education & Macronutrien		Purdy / Kirk	186	5:00 PM	7:20 PM

FRIDAY

Days	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
F	BO	7307	Botanical Medicine Formulation Lab 3		Jenn Dazey	63	8:00 AM	8:50 AM
F	SN	5104	Integrated Case Studies 2		Bean/Golden	184	8:00 AM	9:50 AM
F	TR	4113	Nutritional Supplements & Herbs		Diane Helsel	55	8:00 AM	10:50 AM
F	TR	5320	Nutrition Assessment & Therapy 1		Cynthia Bartok	186	8:00 AM	9:50 AM
F	BC	9134	Biology of Receptors		Donald Messner	133	8:30 AM	9:50 AM
F	OM	4211	TCM Diagnosis 1			63	9:00 AM	11:50 AM
F	SN	6101	Integrated Case Studies 5		Goldenberg/Rude	284	9:00 AM	9:50 AM
F	BO	3119	Plant Identification and Horticulture 2		Gilson / Hamby	220	10:00 AM	11:50 AM
F	SN	5104	Integrated Case Studies 2		Brammer/Martzen	132	10:00 AM	11:50 AM
F	SN	6101	Integrated Case Studies 5		Multiple	284	10:00 AM	11:50 AM
F	BC	3149	Research Methods in Human Biology 2		Cynthia Wenner	280	1:00 PM	2:20 PM
F	BO	3106	Herbal Medicine Making for All		Crystal Hamby	75	1:00 PM	2:50 PM
F	HO	6306	Homeopathy 2		S Lukhang Klippel	133	1:00 PM	2:50 PM
F	SN	5104	Integrated Case Studies 2		Martzen/McCarter	220	1:00 PM	2:50 PM
F	SN	6101	Integrated Case Studies 5		James Wallace	284	1:00 PM	1:50 PM
F	TR	6122	Contemporary Nutrition: Community and Culture		June Kloubec	63	1:00 PM	2:20 PM
F	NM	7334	Clinical Pharmacology 3		Jennifer Bennett	184	2:00 PM	2:50 PM
F	TR	6122	Contemporary Nutrition: Community and Culture		June Kloubec	63	2:30 PM	3:50 PM
F	BO	7307	Botanical Medicine Formulation Lab 3		Sheila Kingsbury	280	3:00 PM	3:50 PM
F	HO	6306	Homeopathy 2		S Lukhang Klippel	133	3:00 PM	4:50 PM