



# BASTYR

---

## UNIVERSITY

AT THE HEART OF NATURAL MEDICINE

### **ARE YOU INTERESTED IN THE EFFECTS OF MUSHROOMS ON YOUR IMMUNE SYSTEM?**

Bastyr University is conducting research on Turkey Tail Mushroom (*Trametes versicolor*) to better understand immune response in healthy volunteers.

You may be eligible if:

- You are between the ages of 21 and 65
- You are willing to commit to participation in an 11-week study
- You are willing to eat a consistent diet and avoid all edible mushrooms throughout the study
- You are willing to refrain from using any immune modulating supplements for the duration of the study
- You are willing to avoid strenuous exercise for the duration of the study

Participants will be compensated \$20 for each visit.

For more information, please call Bastyr University Research Study Line: 425-602-3160